**Physicals and Concussion forms for Cheer and Football**

* <https://www.portlandjrraiders.com/forms>
* Due July 30th
* **Must** be uploaded to your players registration account.

**Physical and Concussion form UPLOAD INSTRUCTIONS (due July 30th)**

**ANDROID**

Google Drive

1. Open the Google Drive app
2. Tap the + button in the bottom right corner
3. Select Scan
4. Allow the app to access the phone's camera
5. Fill the screen with the document
6. Tap the blue capture button
7. Tap Done
8. Create a file name or select a suggested title

**IPHONE**

You can scan directly into Files, where your document will automatically be saved as a PDF.

1. Open Files on your iPhone (or iPad).
2. Choose a location to save your scan.
3. Tap the more button (…) in the upper right, and choose *Scan Documents*.
4. Line up your document and tap the shutter, or hold the iPhone still to automatically capture the image. If you use the shutter, you can drag the corners to adjust.
5. Once you are happy tap *Keep Scan*.
6. Add additional scans if required and tap *Save* when you’re done.
7. The scan will be saved in your chosen location as a PDF, and likely named “*Scanned Document*.” The name will be highlighted so you can easily change it.

The physical form is 2 pages and you can save both pages to the same file so when you upload, you will upload 1 file that has both pages.

**ONCE YOU HAVE YOUR FILE SAVED TO YOUR DEVICE**Log into your registration account and upload by selecting the icon nect to your players name, scroll to the bottom of the enrollment page and select which form you are uploading, hit "Continue" and then "Upload Document". Simple right!?

     